

“You hold yourself to a certain standard and when you can’t deliver that, you end up getting burnt out.”



Nurses talk truth.



How many nurses need to quit?

Ontario is experiencing the worst nursing shortage in its history, a crisis that the Ford government has failed to handle. Among the many causes, one in particular stands out - chronic short staffing throughout the health-care system. Short staffing means fewer nurses are having to take care of more and more patients, and that’s dangerous. It means patients often don’t get the timely care they deserve, while nurses suffer moral distress, exhaustion, and burnout. No wonder they’ve been leaving their jobs and, in many cases, the nursing profession altogether. How many nurses need to quit for this government to wake up?



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